# PORTSMOUTH HEAD START

### A program of Southern New Hampshire Services



# Head Start is a comprehensive child development program designed to foster the healthy development of preschool children and their families.

### Child Development Services:

- Quality preschool education to promote school readiness skills;
- Ongoing developmental screening and assessment to meet the varying needs of children;
- Activities to build social and self-help skills.

### Health & Nutrition:

- Work with families to address special health and nutritional needs;
- Provide healthy meals and snacks;
- Health & nutrition screenings.

### Family Services:

- Parenting support and education;
- Parent involvement opportunities and social activities;
- Support with access to needed community services.

# Location:

100 Community Campus Drive #22 Portsmouth, NH 03801 422-8231 / 668-8010 ext. 6098

# **Communities Served:**

Portsmouth, Greenland, North Hampton and surrounding communities

Class Size: 18 children per 2 staff





# Schedule:

The Portsmouth Head Start classes meet from 8:30am to 12:30pm, Monday through Friday from September through mid-June. The daily schedule includes group and individual activities in science and exploration, dramatic play, math, literacy, music and movement and art. Children play outside each day weather permits and a nutritious breakfast and lunch are included.

## Staff:

The staff at the Portsmouth Head Start have over 50 years combined experience working with young children and families. They have degrees in Early Childhood Education and receive ongoing training in child development and curriculum planning.



For additional information about the program or to complete an application, call Portsmouth Head Start directly at (603) 422-8231 ...or call (603) 668-8010, ext. 6098 or 1 800-322-1073 x 6098