

School's Out...

FREE SUMMER MEALS

ARE IN!

Helping keep kids connected to nutrition all summer long, Southern New Hampshire Services is once again providing free breakfast and lunch at several Seacoast locations this summer.

The Summer Food Service Program is sponsored by the U.S. Department of Agriculture. The program helps to ensure that at-risk youth eat at least one nutritious meal each day when school lunch programs close for the summer.

- The healthy meals are based on USDA nutrition guidelines
- Families save money when their children participate in the program
- Meals are to be eaten on-site at a safe, fun place where kids can visit with friends



Open to all
children 18
and younger
NO Identification Required
NO Cost
NO Enrollment

Join your friends for a free meal at the following Seacoast locations this summer!

Free meals are served Monday-Friday on dates indicated for each location (No meals served July 4)

DERRY

Franklin Village Apartments

4 Lauraway Court

(June 13-August 23)

- Lunch: 12:45-1:15pm

Pinkerton Academy

(Football Practice Sessions)

(August 13-24)

- Lunch: 11:00am-12:00noon

PORTSMOUTH

Greenleaf Rec Center

195 Greenleaf Ave.

(July 2-August 24)

- Lunch: 12noon-1:00pm

SEABROOK

Seabrook Rec Center

311 Lafayette Rd.

(June 26-August 16)

- Breakfast: 8:30-9:00am
- Lunch: 11:30am-12:30pm

WIC Office-SNHS

Outreach Office

146 Lafayette Rd.

(June 26-August 16)

- Breakfast: 8:30-10:00am
- Lunch: 1:00-3:00pm



This institution is an
Equal Opportunity Provider

Check on-line at www.SNHS.org for a complete list
of summer food locations and times